

SCOUTING QUESTIONNAIR

Name

Surname

Mobile Phone

How did you get into sports?

Which sports did you try so far (up to three answers)?

Which sports are you competing in at the moment?

Main Sport

Second Sport

Are you part in a national squad?

Yes No

If yes, which one?

How high is your training volume?

Main sport / this year

Total Hours

Total Kilometers

Hours Endurance

Hours Strenght/Athletic

Hours Technic

Main sport / last year

Total Hours

Total Kilometers

Hours Endurance

Hours Strenght/Athletic

Hours Technic

Main sport / year before

Total Hours

Total Kilometers

Hours Endurance

Hours Strenght/Athletic

Hours Technic

Second sport /this year

Total Hours

Total Kilometers

Hours Endurance

Hours Strenght/Athletic

Hours Technic

Personal best performances (time or watts)

Which are your strength?

Which area you need to work on?

What are your achievements so far in terms of results?